

YÖKDİL SOSYAL BİLİMLER OKUMA PARÇASI

Aşağıdaki metni sözlük kullanmadan ve vurgulanmış hedef kelimelerin ne kadarını bildiğinizi ölçerek/sayısını çıkararak okumanız tavsiye edilir.

Nonverbal communication is the act of **conveying** a thought, feeling, or idea **through** physical **gestures, posture,** and **facialexpressions.** A study **conducted** at UCLA found a **majority** of communication to be nonverbal, although the study's **exact** statistics—which showed only 7% of any message to be **relayed** through words, 38% through **vocal elements** such as **tone,** and 55% through nonverbal elements such as posture and gesture—are often **disputed.**

Certain forms of nonverbal communication have different meanings in different cultures. For example, a gesture or **motion** that **means** one thing to people in the United States may mean something **entirely** different in Japan. **Whereas** an American is likely to **point** with an **index finger,** a Japanese person will more likely gesture with a hand, as pointing with an index finger is **considered** to be **rude** in many Asian cultures.

An important cultural difference **when it comes to** nonverbal communication is the **display** of **emotion:** Some cultures are more **restrained** than others and **refrain from excessive** displays of emotion **in public** or **at all.** Some cultures may also **suppress** facial emotion, believing an **animated face** to show a **lack of** control over one's emotions.

Eye contact is another **aspect** of nonverbal communication that differs across cultures. In the United States, direct eye contact is generally considered to be a sign of **trustworthiness** and interest in an **individual's** words. However, in some **instances,** a **prolonged gaze** may be considered by some to be a sign of interest or attraction. In countries such as Japan, eye contact is generally **avoided,** as direct eye contact may be considered to be **disrespectful.** Yet in Arabic cultures, the opposite is true: eye contact is believed to show interest and honesty.

A person's **mindfulness** may help increase understanding of personal nonverbal communication **as well as** the communication styles of others. **Bringing** oneself to **the present** and **attending to** facial expressions or posture can **enhance self-awareness** and may help one communicate more **effectively** with others. For example, while talking, a person might actively think about gestures, **tone of voice,** eye contact, and body movement and **take into account** the other person's **reaction** to these aspects of communication.

Stress also plays an important role in nonverbal communication. Individuals who are stressed **tend to misread** people more easily and may **send out** verbal signals that **confuse** others. **Managing** stress well can **improve** verbal communication and relationships. **Maintaining** an awareness of one's emotions and those of others is also important in **recognizing** and understanding another person's **nonverbal cues.**

People who feel often **misunderstood** or **distanced** from others may find it helpful to ask a close friend or loved one how they **come across** when communicating. When nonverbal communication is often **incongruent** with spoken words, others may not be sure of **intentions** and may find it difficult to **have faith in** what a person is saying. An individual may also nonverbally convey a particular emotion others find **off-putting,** such as a **sense of judgment** or **aggression.** This may not come across in the individual's spoken words, and individuals may be **unaware of** the message being sent by the nonverbal cues. **Therefore, assessing** the reactions of others and **opening lines** of communication can **provide insight into** ways to better **align** verbal and nonverbal communication.

ÖNEMLİ KELİMELER VE KALIPLAR

Bir önceki sayfadaki hedef kelimelerin anlamlarını yanlarına yazalım; bilmediğimiz ya da emin olmadıklarımızı boş bırakalım.

1	nonverbal communication	41	avoid
2	conveying	42	disrespectful
3	through	43	mindfulness
4	gesture	44	as well as
5	posture	45	bringing
6	facial expressions	46	the present
7	conduct	47	attending to
8	majority	48	enhance
9	exact	49	self-awareness
10	relay	50	effectively
11	vocal elements	51	tone of voice
12	tone	52	take into account
13	disputed	53	reaction
14	certain	54	tend to
15	motion	55	misread
16	mean	56	send out
17	entirely	57	confuse
18	whereas	58	manage
19	point	59	improve
20	index finger	60	maintain
21	consider	61	recognize
22	rude	62	nonverbal cues
23	when it comes to	63	misunderstand
24	display	64	distanced
25	emotion	65	come across
26	restrained	66	incongruent
27	refrain from	67	intentions
28	excessive	68	have faith in
29	in public	69	off-putting
30	at all	70	sense
31	suppress	71	judgment
32	animated face	72	aggression
33	lack of	73	unaware of
34	eye contact	74	therefore
35	aspect	75	assess
36	trustworthiness	76	opening lines
37	individual	77	provide
38	instances	78	insight into
39	prolonged	79	align
40	gaze		

ÖNEMLİ KELİMELER VE KALIPLAR

Bir önceki sayfada yazdığımız anlamlar ile burada yazanları karşılaştırıp, bilginizde ekleme-düzeltilme gerekiyorsa not edelim.

1	nonverbal communication	sözsüz iletişim	41	avoid	kaçınmak
2	conveying	taşıma, aktarma	42	disrespectful	saygisiz
3	through	vasitasıyla	43	mindfulness	farkındalık
4	gesture	jest	44	as well as	...nin yani sıra
5	posture	duruş	45	bringing	getirmek
6	facial expressions	yüz ifadeleri	46	the present	şimdi
7	conduct	yürütmek, yönetmek	47	attending to	..e dikkatini vermek
8	majority	çoğunluk	48	enhance	güçlendirmek
9	exact	tam, net	49	self-awareness	öz farkındalık
10	relay	iletmek, aktarmak	50	effectively	etkili bir şekilde
11	vocal elements	vokal unsurlar	51	tone of voice	ses tonu
12	tone	ton	52	take into account	dikkate almak
13	disputed	tartışmalı	53	reaction	reaksiyon, tepki
14	certain	belirli, bazı	54	tend to	...e eğilimli olmak
15	motion	hareket	55	misread	yanlış yorumlamak
16	mean	kastetmek	56	send out	göndermek
17	entirely	baştan sona	57	confuse	şaşırtmak
18	whereas	...iken,	58	manage	yönetmek, kontrol etmek
19	point	puan	59	improve	geliştirmek
20	index finger	işaret parmağı	60	maintain	sürdürmek
21	consider	düşünmek, olarak görmek	61	recognize	tanımak, fark etmek
22	rude	kaba	62	nonverbal cues	sözsüz ipuçları
23	when it comes to	... e gelince, söz konusu olduğunda	63	misunderstand	yanlış anlamak
24	display	sergileme	64	distanced	mesafeli
25	emotion	duygu	65	come across	karşılaşmak
26	restrained	ölçülü, geride duran, ihtiyatlı	66	incongruent	uyumsuz
27	refrain from	...den kaçınmak	67	intentions	niyetler
28	excessive	aşırı	68	have faith in	inanmak
29	in public	alenen, toplum içinde	69	off-putting	itici
30	at all	hiç	70	sense	algı
31	suppress	bastırmak	71	judgment	yargı, muhakeme
32	animated face	hareketli/mimikli yüz	72	aggression	saldırganlık
33	lack of	eksiklik	73	unaware of	habersiz
34	eye contact	göz teması	74	therefore	sonuç olarak, bu yüzden
35	aspect	yan, taraf, bakım, açı	75	assess	değerlendirmek
36	trustworthiness	güvenilirlik	76	opening lines	ilk satır, başlangıç
37	individual	birey, kişi	77	provide	sağlamak
38	instances	örnekler, durumlar	78	insight into	...hakkında fikir
39	prolonged	uzun süreli	79	align	hizalamak, dengelemek
40	gaze	bakış			

YÖKDİL SOSYAL BİLİMLER ÇIKMIŞ KELİMELER

Aşağıdaki kelimelerin anlamlarını yanlarına yazalım; bilmediğimiz ya da emin olmadıklarımızı boş bırakalım. Daha sonra, devamındaki anlamların verilmiş olduğu tablolardan verdiğimiz cevapları kontrol edelim.

1	requirements	41	looked into
2	incidents	42	turned down
3	facilities	43	derived from
4	attitudes	44	taken away
5	implications	45	divided into
6	prospect	46	approve
7	supply	47	perform
8	opportunity	48	decide
9	reception	49	happen
10	appeal	50	collect
11	significant	51	safety
12	dependant	52	approach
13	vague	53	mystery
14	current	54	ambition
15	descriptive	55	memory
16	peculiarly	56	includes
17	importantly	57	raises
18	precisely	58	appears
19	intentionally	59	grows
20	fiercely	60	controls
21	resisting	61	reluctance
22	treating	62	redundancy
23	inhabiting	63	recognition
24	replacing	64	rebellion
25	inheriting	65	rejection
26	results in	66	composition
27	sets out	67	endurance
28	work out	68	obstacle
29	puts off	69	implementation
30	takes on	70	destruction
31	globally	71	sufficient
32	quickly	72	fragile
33	lately	73	temporary
34	socially	74	essential
35	partly	75	vague
36	rare	76	sustainably
37	accessible	77	coincidentally
38	complete	78	widely
39	foreign	79	gradually
40	regular	80	efficiently

81	entertain		121	compete	
82	threaten		122	quarrel	
83	protect		123	interact	
84	respect		124	speculate	
85	interrupt		125	brought about	
86	fall behind		126	pulled down	
87	put on		127	filled out	
88	bring down		128	put through	
89	consist of		129	given up	
90	come through		130	occurred	
91	required		131	deteriorated	
92	reversed		132	lasted	
93	received		133	recovered	
94	disrupted		134	appeared	
95	eliminated		135	abstract	
96	bring back		136	beneficial	
97	call off		137	intense	
98	engage in		138	hostile	
99	take away		139	faulty	
100	find out		140	solutions	
101	accumulation		141	shortcomings	
102	commitment		142	conflicts	
103	negotiation		143	punishments	
104	enslavement		144	occupation	
105	correspondence		145	variety	
106	reflection		146	expansion	
107	triumph		147	absence	
108	structure		148	validation	
109	priority		149	weak	
110	sanction		150	deceptive	
111	convertible		151	redundant	
112	sentenced		152	diverse	
113	devoted		153	erroneous	
114	vulnerable		154	accurately	
115	harmful		155	severely	
116	accurately		156	incidentally	
117	similarly		157	extensively	
118	presently		158	temporarily	
119	adversely		159	admire	
120	consult		160	offend	

161	leave		191	worsened	
162	divide		192	restricted	
163	defeat		193	disturbed	
164	turn down		194	put out	
165	look for		195	went through	
166	give up		196	took down	
167	take off		197	set up	
168	fall behind		198	broke in	
169	familiarity		199	made up for	
170	equation		200	stood up to	
171	disapproval		201	caught up on	
172	assumption		202	came up with	
173	correspondence		203	got away from	
174	failures		204	adopted	
175	practices		205	motivated	
176	sensations		206	enrolled	
177	breakthroughs		207	admitted	
178	memorials		208	dismissed	
179	transparent		209	explanations	
180	misleading		210	complaints	
181	simultaneous		211	accusations	
182	substantial		212	invasions	
183	desirable		213	conflicts	
184	impatiently		214	penalties	
185	subtly		215	challenges	
186	preciously		216	attributes	
187	consistently		217	extensions	
188	adversely		218	descriptions	
189	revealed		219	crucial	
190	protected		220	deniable	

YÖKDİL SOSYAL BİLİMLER ÇIKMIŞ KELİMELER					
1	requirements	gereksinimler	41	looked into	araştırmak
2	incidents	olaylar	42	turned down	geri çevirmek
3	facilities	olanaklar	43	derived from	...den türemek
4	attitudes	tutumlar	44	taken away	...almak götürmek
5	implications	etkileri	45	divided into	bölmek
6	prospect	olasılık, ümit	46	approve	onaylamak
7	supply	arz	47	perform	uygulamak, yapmak
8	opportunity	fırsat	48	decide	karar vermek
9	reception	kabul, beğeni, alım (sinyal vb)	49	happen	olmak
10	appeal	çekici olmak	50	collect	toplamak
11	significant	önemli	51	safety	Emniyet, güvenlik
12	dependant	bağımlı	52	approach	yaklaşmak
13	vague	belirsiz	53	mystery	gizem
14	current	mevcut	54	ambition	hırs
15	descriptive	tanımlayıcı	55	memory	hafıza
16	peculiarly	tuhaf bir şekilde	56	includes	içermek
17	importantly	önemli şekilde	57	raises	yükseltmek
18	precisely	tam, net olarak	58	appears	görünmek
19	intentionally	kasıtlı olarak	59	grows	büyümek
20	fiercely	şiddetle	60	controls	kontrol etmek
21	resisting	direnmek	61	reluctance	isteksizlik
22	treating	tedavi etmek, davranmak	62	redundancy	fazlalık
23	inhabiting	yaşayan	63	recognition	tanıma
24	replacing	değiştirme	64	rebellion	isyan
25	inheriting	miras almak	65	rejection	reddetme
26	results in	ile sonuçlanmak	66	composition	kompozisyon, oluşum
27	sets out	yola koyulmak, başlamak	67	endurance	dayanıklılık
28	work out	anlama, çıkarma, antrenman yapmak	68	obstacle	engel
29	puts off	ertelemek	69	implementation	uygulama
30	takes on	üstlenmek	70	destruction	yıkım
31	globally	küresel	71	sufficient	yeterli
32	quickly	hızlı bir şekilde	72	fragile	kırılgan
33	lately	son zamanlarda	73	temporary	geçici
34	socially	sosyal olarak	74	essential	gerekli
35	partly	kısmen	75	vague	belirsiz
36	rare	nadir	76	sustainably	sürdürülebilir
37	accessible	erişilebilir	77	coincidentally	tesadüfen
38	complete	tam, eksiksiz	78	widely	yaygın olarak
39	foreign	yabancı	79	gradually	gitgide, yavaş yavaş
40	regular	düzenli	80	efficiently	verimli

81	entertain	eğlendirmek	121	compete	rekabet etmek
82	threaten	tehdit etmek	122	quarrel	kavga
83	protect	korumak	123	interact	etkileşime girmek
84	respect	saygı	124	speculate	spekülayon yapmak
85	interrupt	yarıda kesmek	125	brought about	meydana getirmek
86	fall behind	geri kalmak	126	pulled down	aşağı çekmek, devirmek
87	put on	giymek, (kilo) almak, çalıştırmak	127	filled out	doldurmak
88	bring down	düşürmek, devirmek	128	put through	maruz bırakmak
89	consist of	içermek, den oluşmak	129	given up	vazgeçmek
90	come through	belirgin olmak, görülmek	130	occurred	olmak
91	required	gerektirmek	131	deteriorated	bozulmak
92	reversed	tersine çevirmek	132	lasted	sürmek
93	received	almak	133	recovered	kurtarmak
94	disrupted	bozmak	134	appeared	görünmek
95	eliminated	yok etmek	135	abstract	öz
96	bring back	geri getirmek	136	beneficial	yararlı
97	call off	iptal etmek	137	intense	yoğun
98	engage in	katılmak	138	hostile	hasım, düşmanlı
99	take away	götürmek	139	faulty	hatalı
100	find out	bulmak, anlamak	140	solutions	çözümler
101	accumulation	birikim	141	shortcomings	eksiklikler
102	commitment	bağlılık	142	conflicts	çatışmalar
103	negotiation	müzakere	143	punishments	cezalar
104	enslavement	köleleştirme	144	occupation	meslek
105	correspondence	benzerlik, eşgüdüm	145	variety	çeşitlilik
106	reflection	refleks	146	expansion	genişleme
107	triumph	zafer	147	absence	yokluk
108	structure	yapı	148	validation	doğrulama
109	priority	öncelik	149	weak	güçsüz
110	sanction	yaptırım	150	deceptive	aldatıcı
111	convertible	çevrilebilir, dönüştürülebilir	151	redundant	gereksiz
112	sentenced	mahkum	152	diverse	türlü
113	devoted	adanmış	153	erroneous	hatalı
114	vulnerable	hassas	154	accurately	doğru bir şekilde
115	harmful	zararlı	155	severely	şiddetli
116	accurately	doğru bir şekilde	156	incidentally	tesadüfen
117	similarly	benzer şekilde	157	extensively	kapsamlı
118	presently	şu anda	158	temporarily	geçici
119	adversely	olumsuz olarak	159	admire	beğenmek
120	consult	danışmak	160	offend	gücendirmek, kızdırmak

161	leave	ayrılmak	191	worsened	kötüleştirmiş
162	divide	bölmek	192	restricted	kısıtlı
163	defeat	yenilgi	193	disturbed	rahatsız
164	turn down	reddetmek, geri çevirmek	194	put out	söndürmek
165	look for	aramak	195	went through	Maruz kalmak, geçirmek
166	give up	pes etmek	196	took down	Devirmek
167	take off	çıkarmak	197	set up	Kurmak
168	fall behind	geri kalmak	198	broke in	İzinsiz girmek
169	familiarity	aşinalık	199	made up for	Telafi etmek
170	equation	denklem	200	stood up to	...e karşı savunmak
171	disapproval	onaylamama	201	caught up on	Öğrenmek, yakalamak
172	assumption	Varsayım	202	came up with	Ortaya atmak, ileri sürmek
173	correspondence	Benzeşme, eşgüdüm	203	got away from	...den uzaklaşmak
174	failures	başarısızlıklar	204	adopted	kabul edilen
175	practices	uygulamalar	205	motivated	motive
176	sensations	duyumlar	206	enrolled	kayıtlı
177	breakthroughs	atılımlar	207	admitted	kabul edilmiş
178	memorials	anıtlar	208	dismissed	Kovma, gönderme, reddetme
179	transparent	şeffaf	209	explanations	açıklamalar
180	misleading	yanıltıcı	210	complaints	şikayetler
181	simultaneous	eşzamanlı	211	accusations	suçlamalar
182	substantial	varlıklı	212	invasions	istilalar
183	desirable	arzu edilen	213	conflicts	çatışmalar
184	impatiently	sabırsızca	214	penalties	cezalar
185	subtly	kurnazca	215	challenges	zorluklar
186	preciously	değerli bir şekilde	216	attributes	Özellik, nittelikler
187	consistently	sürekli	217	extensions	uzantılar
188	adversely	olumsuz olarak	218	descriptions	Açıklamalar
189	revealed	meydana çıkarmak	219	crucial	Hayati, önemli
190	protected	korunmalı	220	deniable	inkar edilebilir