

1 – 20. sorularda boş bırakılan yerlere uygun düşen sözcük ya da ifadeyi bulunuz

1. It is estimated that 1.1 billion young people worldwide are at risk of hearing loss ---- unsafe listening practices including exposure to loud sounds on personal audio devices.

- A) despite B) due to  
C) in case of D) as well as  
E) but for

2. A novel test that ---- a molecular fingerprint in needle biopsies ---- improve the diagnosis of thyroid cancer as well as reducing unnecessary surgeries.

- A) looked for / will have helped  
B) is looking for / should have helped  
C) has looked for / would have helped  
D) looks for / could help  
E) were looking for / ought to help

3. Treatment of a tooth abscess depends on the ---- of the infection, because some abscessed teeth may be treated with only antibiotics, while others may need a root canal.

- A) maintenance B) extraction  
C) recovery D) extent  
E) availability

4. Health systems need to be transformed and improved ---- they can ensure affordable access to health care that responds to the needs of older people and can help prevent care dependency later in life.

- A) so that B) although  
C) once D) even when  
E) if

5. Researchers believe that most types of cancer will be successfully cured ---- the near future by means of novel methods ---- treatment.

- A) at / for B) on / with  
C) in / of D) between / and  
E) from / to

6. Experts warn consumers that buying cosmetics online might pose health risks as they are not ---- strictly regulated ---- other products sold in traditional retail stores.

- A) so / that  
B) both / and  
C) as / as  
D) whether / or  
E) not only / but also

7. Researchers are examining if electromagnetic fields can help treat Alzheimer's disease, ---- experts stress that since the study is still in its infancy, it is too early to say whether it is an effective treatment.

- A) so B) as  
C) but D) if  
E) unless

8. Although most cases of cataract are related to the ageing process, eye injuries, inflammation, and some other eye diseases may occasionally ---- this health condition.

- A) take on B) break down  
C) deal with D) bring about  
E) take off

9. Bone marrow tests are carried out to check if your bone marrow is working ---- and also whether it is making normal amounts of blood cells.

- A) formally B) recently  
C) considerably D) properly  
E) immediately

10. Some people worry that cell phones cause cancer or other health problems; ----, scientific evidence hasn't found a link between cell phone use and health problems in humans so far.

- A) similarly  
B) thus  
C) however  
D) furthermore  
E) for instance

11. ---- an outbreak of a vaccine-preventable disease, people who are not vaccinated can both become infected themselves, and continue to spread the infection ---- others.

- A) Throughout / to
- B) With / from
- C) For / into
- D) Through / by
- E) Of / in

12. A new survey has introduced a ---- blood test that health professionals may soon use to accurately detect brain cancer.

- A) promising
- B) malignant
- C) tricky
- D) biased
- E) random

13. Teenagers' hormones change dramatically ---- puberty and they undergo a delayed phase change ---- sleep in which their body tells them to stay up later at night and wake up later in the morning.

- A) from / to
- B) with / along
- C) into / of
- D) during / in
- E) about / for

14. Assistive technology products, such as hearing aids, wheelchairs and prostheses, enable people to live healthy, independent, and ---- lives, and to participate in civic life.

- A) prevalent
- B) exclusive
- C) accessible
- D) productive
- E) dependent

15. Since the initial research findings are encouraging, scientists believe even a brief shift in dietary habits can ---- the symptoms of depression in young adults.

- A) detect
- B) investigate
- C) alleviate
- D) contain
- E) withstand

16. It is a well-known fact that learning disabilities affect ---- a child understands, processes, and responds to new information.

- A) which
- B) that
- C) when
- D) why
- E) how

17. Some hazardous chemicals that can last indefinitely are still found in most food containers, ---- increasing evidence suggesting that they can lead to some health conditions.

- A) just as
- B) since
- C) in case
- D) except for
- E) despite

18. Experts say that energy-efficient home washing machines can be a haven for bacteria ---- most people wash clothes at lower temperatures, and this provides a suitable habitat for bacteria.

- A) otherwise
- B) even if
- C) as
- D) for example
- E) rather

19. A 40-year research study ---- that a person's slower walking speed ---- lower overall health and cognitive function.

- A) had shown / should indicate
- B) showed / could have indicated
- C) has shown/ may indicate
- D) was showing / might indicate
- E) shows / would have indicated

20. Once regarded as an incurable form of skin cancer, advanced melanoma can now be cured---- immunotherapy drugs that are used to boost the immune system.

- A) aside from
- B) rather than
- C) in spite of
- D) in addition to
- E) thanks to

**21 – 25. sorularda boş bırakılan yerlere uygun düşen sözcük ya da ifadeyi bulunuz.**

The health of people with type 2 diabetes often improves markedly with weight loss, (21) ----new research claims that people need to keep the weight off to sustain the benefits. After losing weight, blood sugar and blood pressure levels go down and cholesterol results improve. Research shows that people who kept at least 75% of that weight off (22) ----another three years had even greater health benefits. Experts say that the (23) ----is usually put on weight-loss programs, but it is just as critical to help people maintain their weight loss. People tend to think of diets as short-term, (24) ----it is really something that has to be lifelong. If people(25) ----a successful way to lose weight, they shouldn't revert to old habits.

21.

- |          |               |
|----------|---------------|
| A) thus  | B) as long as |
| C) since | D) once       |
| E) but   |               |

22.

- |          |        |
|----------|--------|
| A) about | B) for |
| C) into  | D) at  |
| E) over  |        |

23.

- |                 |                 |
|-----------------|-----------------|
| A) familiarity  | B) abundance    |
| C) emphasis     | D) circumstance |
| E) availability |                 |

24.

- |              |                 |
|--------------|-----------------|
| A) thus      | B) however      |
| C) otherwise | D) for instance |
| E) because   |                 |

25.

- A) had found  
B) were finding  
C) will find  
D) find  
E) found

**26 – 30. sorularda boş bırakılan yerlere uygun düşen sözcük ya da ifadeyi bulunuz.**

Health literacy doesn't just refer to how well a person can get the health information and services they need, or how well they understand them. It is (26) ----about using them in order to make some good health decisions. It (27) ----differences people have in areas such as access to information they can understand, communication with health care providers, and management of a disease. Over 90 million adults in the US have low health literacy. This may (28) ----their ability to make health decisions negatively. They may have difficulty (29) ----managing chronic diseases and leading a healthy lifestyle. They may also have a poorer health overall. (30) ----, they may go to hospital more often.

26.

- |            |            |
|------------|------------|
| A) however | B) in case |
| C)also     | D) instead |
| E) thus    |            |

27.

- |                  |                 |
|------------------|-----------------|
| A) involved      | B) involves     |
| C) has involved  | D) had involved |
| E) would involve |                 |

28.

- |              |              |
|--------------|--------------|
| A) improve   | B) criticise |
| C) encourage | D) affect    |
| E) compare   |              |

29.

- |          |       |
|----------|-------|
| A) under | B) on |
| C) from  | D) at |
| E) in    |       |

30.

- |                  |              |
|------------------|--------------|
| A) Consequently  | B) Otherwise |
| C)In contrast    | D) Rather    |
| E) By comparison |              |

**31 – 41. sorularda verilen cümleyi tamamlayabilecek seçeneği bulunuz.**

**31. Some skin conditions can be minor, temporary, and easily treated, ----.**

- A) therefore, it is best if you learn how to identify this disorder on your own
- B) since changes in skin colour or texture can result from infection or allergic reactions
- C) as there are more than 3,000 skin disorders known to dermatology
- D) unless you see the most common signs and symptoms of these conditions
- E) while others may become very serious, and even life-threatening

**32. People infected with smallpox develop some symptoms that are typical of many less serious diseases, ----.**

- A) even if it spreads through several means including direct contact with an infected person
- B) however, the most obvious one is the development of a unique skin rash
- C) that's why, it rarely spreads through the air in settings such as buses or trains
- D) since the classic smallpox rash begins after these cold and flu symptoms disappear
- E) while a person with smallpox is most contagious to others when the rash is present

**33. It is best to treat all snake bites as a medical emergency, ----.**

- A) unless one is absolutely certain that the bite comes from a non-venomous snake
- B) therefore, snakes that are poisonous voluntarily emit venom when they bite
- C) yet, any delay in treatment following the bite of a venomous snake could result in death
- D) thus, different species of venomous snakes carry different types of venom
- E) but the highest rates of venomous snake bites occur in rural areas of Asia and Africa

**34. ----, it takes more time than usual to find the right medicine and dose.**

- A) Although ADHD medications for children should always be closely monitored
- B) Because each child responds differently to ADHD medications
- C) If medications for ADHD help your child concentrate better in the short term
- D) Even though there are concerns about the effects of powerful ADHD medications for children
- E) Since some ADHD medications for children are more effective than others

**35. Although as many as 25% of people report having chronic fatigue syndrome, ----.**

- A) some patients report an initial viral-like illness with fever and upper respiratory symptoms
- B) relatives of patients with these symptoms have an increased risk of developing the condition
- C) this syndrome doesn't share any similar features to sleep disorders
- D) only a small number of people meet the criteria for this health condition
- E) the disorder has been well described since at least the mid-1700s

**36. ----, because the body doesn't store this kind of vitamin for prolonged periods of time.**

- A) Some mental problems like depression or memory loss can result from deficiency of vitamins such as Vitamin B12
- B) One should consult a medical professional before getting vitamin B12 supplements on a regular basis
- C) People with Vitamin B12 deficiency should get it from animal-based foods or supplements regularly
- D) Vitamin B12 deficiency can occur if you have had weight loss surgery or another operation
- E) The human body needs vitamin B12 to make red blood cells, nerves, DNA, and carry out other functions

**37. Besides regulating potassium and sodium levels within the body,----**

- A) magnesium supplements are available in a variety of forms
- B) intake recommendations for magnesium may vary from one person to another
- C) an adult body contains almost 25 grams of magnesium present mostly in the bones
- D) magnesium also helps build strong bones, teeth and muscles
- E) unless people are exposed to food contaminated with microorganisms or chemicals

38. There is a lot of concern about the adverse effects of air pollution on health, ----.

- A) although healthy people can experience health impacts from polluted air
- B) because people in these groups may experience health impacts due to exposure to air pollution
- C) as the exposure can contribute to the development of lung disease, cancer, and even heart disease
- D) even if people with lung diseases are most susceptible to air pollution
- E) as if your actual risk of negative effects depends on your current health status

**39. Even though the 2018 to 2019 flu season was considered moderate in severity, ----.**

- A) the effectiveness of these vaccine shots might vary from one season to another
- B) scientists are being given \$130 million to come up with a universal flu shot
- C) it broke records for longevity with flu activity remaining elevated for 21 weeks
- D) a flu shot was necessary every year because of these viruses' ability to mutate rapidly
- E) the world's defences against a pandemic strain were highly constrained

40. Male breast cancer accounts for just one percent of all breast cancer cases, ----.

- A) as scientists have spotted differences between the tumour biology in male and female breast cancer
- B) however, some scientists believe that its prevalence has risen over the last few decades
- C) thus, these factors means that treatment for more common forms of male breast cancer are ineffective
- D) even though the treatment of breast cancer has improved dramatically over recent years
- E) that's why, male breast cancer patients may have a higher mortality rate than their female counterparts

41. Because they block light from passing through the lens, ----.

- A) some other problems with the eyes are likely to cause blurry vision
- B) cataracts make it difficult to see clearly and can even cause blindness over time
- C) one of the most common symptoms is seeing blurry images at any distance
- D) people who formerly needed reading glasses may no longer need them
- E) people with cataracts often need frequent changes in their eyeglasses or contact lenses



**44. Both vegetative and comatose patients retain some brain stem function, meaning that they maintain some ability to breathe on their own, and exhibit other reflexes, like pupil dilation in response to bright lights.**

- A) Hem vejetatif hem de komatoz hastaların bazı beyin sapı işlevlerini koruması kendi başlarına nefes alabilme yeteneklerini korudukları ve parlak ışıklara tepki olarak, gözbebeği genişlemesi gibi diğer refleksleri sergiledikleri anlamına gelebilir.
- B) Vejetatif gibi komatoz hastalarının da bazı beyin sapı işlevlerini koruması kendi başlarına nefes alabilme yeteneklerini korudukları ve parlak ışıklara tepki olarak, gözbebeği genişlemesi gibi diğer refleksleri sergiledikleri şeklinde yorumlanır.
- C) Hem vejetatif hem de komatoz hastalar, bir miktar beyin sapı işlevlerini korurlar; bu, kendi başlarına nefes alabilme yeteneklerini korudukları ve parlak ışıklara tepki olarak, gözbebeği genişlemesi gibi diğer refleksleri sergiledikleri anlamına gelir.
- D) Hem vejetatif hem de komatoz hastalar, beyin sapı işlevlerinin bazılarını korurlar; bu, kendi başlarına nefes alabilme yeteneklerini korudukları ve parlak ışıklara tepki vererek, gözbebeği genişlemesi gibi diğer refleksleri sergiledikleri anlamına gelir.
- E) Hem vejetatif hem de komatoz hastalar, beyin sapı işlevlerinin bazılarını korurlar; bu, kendi başlarına nefes alabilme yeteneklerini koruyarak ve parlak ışıklara tepki vererek, gözbebeği genişlemesi gibi diğer refleksleri sergileyebildiklerini gösterir.

**45. Although it is generally thought that our mental health only impacts how we think, feel and behave; it also shapes how we perceive the world, make decisions and handle stress when it comes our way.**

- A) Genelde zihinsel sağlığımızın sadece düşünme, hissetme ve davranma biçimimizi etkilediği düşünülse de; aynı zamanda dünyayı algılama, kararlar alma ve yolumuza çıktığında stresle başa çıkma biçimimizi de şekillendirir.
- B) Genelde zihinsel sağlığımız sadece düşünme, hissetme ve davranma biçimimizi etkilemez; aynı zamanda dünyayı algılama, kararlar alma ve yolumuza çıktığında stresle başa çıkma biçimimizi de şekillendirir.
- C) Genelde zihinsel sağlığımızın sadece düşünme, hissetme ve davranma biçimimizi etkilediği değil; aynı zamanda dünyayı algılama, kararlar alma ve yolumuza çıktığında stresle başa çıkma biçimimizi de şekillendirdiği de düşünülür.
- D) Genelde zihinsel sağlığımızın düşünme, hissetme ve davranma biçimimizi etkilediği düşünüldüğü kadar; dünyayı algılama, kararlar alma ve yolumuza çıktığında stresle başa çıkma biçimimizi şekillendirdiği de düşünülür.
- E) Genelde zihinsel sağlığımızın sadece düşünme, hissetme ve davranma biçimimizi etkilediğini düşünürüz, ancak, dünyayı algılama, kararlar alma ve yolumuza çıktığında stresle başa çıkma biçimimizi de şekillendirir.



**46. Young adults experiencing depression may reduce their symptoms by preferring a healthier diet rich in fruits and vegetables, rather than one heavy in sugar-laden, processed foods.**

- A) Depresyon yaşayan genç yetişkinler, şeker yüklü, işlenmiş gıdalar açısından yoğun olan yerine meyve ve sebzeler bakımından daha zengin ve sağlıklı bir beslenme tercih ederek semptomlarını azaltırlar.
- B) Depresyon yaşayan genç yetişkinler, şeker yüklü, işlenmiş gıdalar ile dolu gıdalardansa meyve ve sebzeler bakımından zengin daha sağlıklı bir beslenme tercih ederek semptomlarını azaltmalıdır.
- C) Depresyon yaşayan genç yetişkinler, şeker yüklü, işlenmiş gıdalar açısından yoğun olandan ziyade meyve ve sebzeler bakımından zengin daha sağlıklı bir beslenme tercih ederek semptomları azaltmalıdır.
- D) Depresyona karşı, genç yetişkinler, şeker yüklü, işlenmiş gıdalar açısından yoğun olandan ziyade meyve ve sebzeler bakımından zengin daha sağlıklı bir beslenme tercih ederek semptomlarını azaltabilir.
- E) Depresyondaki genç yetişkinler, şeker yüklü, işlenmiş gıdalar açısından yoğun olanı azaltıp meyve ve sebzeler bakımından zengin daha sağlıklı bir beslenme tercih ederek semptomlarını azaltabilir.

**47. Scientists have discovered that developing humans grow extra muscles in their hands and feet in the womb that later disappear without a trace.**

- A) Bilim insanları, insanların, ana rahminde ellerinde ve ayaklarında daha sonradan iz bırakmadan kaybolan fazladan kaslar geliştirdiklerini belirlemiştir.
- B) Bilim insanları, gelişmekte olan insanların, ana rahminde ellerinde ve ayaklarında daha sonradan iz bırakmadan kaybolan fazladan kaslar geliştirdiklerini keşfetmişlerdir.
- C) Bilim insanları, gelişmekte olan insanların, ana rahmindeyken bedenlerinde daha sonradan iz bırakmadan kaybolan fazladan kaslar geliştirdiklerini gözlemlemiştir.
- D) Gelişmekte olan insanların, ana rahminde ellerinde ve ayaklarında daha sonradan iz bırakmadan kaybolan fazladan kaslar geliştirdikleri bilim insanlarınca keşfedilmiştir.
- E) Bilim insanları, gelişmekte olan insanların, ana rahminde ellerinde ve ayaklarında daha sonradan iz bırakmadan kaybolan fazladan kaslar geliştirebileceğini keşfetmişlerdir.



**48 – 53. sorularda, verilen Türkçe cümleye anlamca en yakın İngilizce cümleyi bulunuz.**

48. Her ne kadar doktorlar yüksek yoğunluklu spor yapmanın ciddi kalp ritmi sorunlarını tetikleyebileceğini uzun zamandır biliyor olsalar da, yeni araştırmalar elektronik oyunların, özellikle savaş oyunlarının da tetikleyici olabileceğini ortaya koymaktadır.

- A) Although doctors have always known that playing high-intensity sports can cause serious heart rhythm problems, latest research shows that playing electronic games, war games in particular, may be a trigger as well.
- B) Even though doctors have long known that playing high-intensity sports can prompt serious heart rhythm problems, new research indicates that playing electronic games such as war games may also be a trigger.
- C) Although doctors have long known that playing high-intensity sports can trigger serious heart rhythm problems, new research suggests that playing electronic games, particularly war games, may be a trigger as well.
- D) Even if doctors have long known that playing high-intensity sports can trigger serious heart rhythm problems, new research suggests that playing especially electronic war games may be a trigger as well.
- E) Although doctors have long known that playing high-intensity sports can trigger serious heart rhythm problems, new research suggests that playing electronic games, particularly war games, may trigger them as well.

49. Hava ne kadar ısınırsa ısınsin, bir yenidoğan hayatının ilk birkaç haftasında neredeyse hiç terlemez çünkü ter bezleri henüz tam olarak işlevsel değildir.

- A) No matter how hot it gets, a newborn hardly sweats for the first couple of weeks of its life because the sweat glands are not yet fully functional.
- B) Whatever the weather is like, a newborn hardly sweats for the first few weeks since the sweat glands are not yet fully functional.
- C) Whether it gets hot or not, a newborn hardly sweats for the first couple of weeks of its life because the sweat glands are not yet fully functional.
- D) Regardless of the heat in the air, a newborn hardly sweats for the first couple of weeks of its life because the sweat glands are not yet fully functional.
- E) No matter how hot it is, a newborn does not sweat for the first few weeks of its life since the sweat glands are not functional at all.

50. İnsan solunum sistemi, birincil organların biz soludukça gaz alışverişini gerçekleştiren akciğerler olduğu oksijeni almaktan ve karbondioksiti dışarı çıkarmaktan sorumlu bir grup organdır.

- A) The human respiratory system, a group of organs responsible for taking in oxygen and expelling carbon dioxide where the primary organs are the lungs carry out the exchange of gases as we breathe.
- B) The human respiratory system is a group of organs responsible for taking in oxygen and expelling carbon dioxide and the primary organs are the lungs, which carry out the exchange of gases as we breathe.
- C) The human respiratory system is a group of organs that take in oxygen and expel carbon dioxide where the primary organs are the lungs, which carry out the exchange of gases as we breathe.
- D) The human respiratory system is a group of organs responsible for taking in oxygen and expelling carbon dioxide where the primary organs are the lungs, which carry out the exchange of gases as we breathe.
- E) The human respiratory system where a group of organs are responsible for taking in oxygen and expelling carbon dioxide and the primary organs are the lungs, which carry out the exchange of gases as we breathe.

51. Sinirbilimciler, beyin bozukluklarını tedavi etmek için ilaç geliştirmede büyük bir engelle karşı karşıyadır, çünkü farelerdeki beyin hücreleri, insan beyin hücrelerinden çok farklı olan genleri çalıştırmaktadır.

- A) Neuroscientists encounter several major obstacles in developing drugs to treat brain disorders such as brain cells in mice which turn on genes that are very different from the ones in human brain cells.
- B) A major obstacle neuroscientists face in developing drugs to treat brain disorders is that brain cells in mice turn on genes that are very different from the ones in human brain cells.
- C) Since brain cells in mice turn on genes that are very different from the ones in human brain cells, neuroscientists face a major obstacle in developing drugs that could treat brain disorders.
- D) Brain cells in mice turn on genes that are very different from the ones in human brain cells, therefore, neuroscientists face a major obstacle in developing drugs to treat brain disorders.
- E) Neuroscientists face a major obstacle in developing drugs to treat brain disorders since brain cells in mice turn on genes that are very different from the ones in human brain cells.

52. Bağışıklık sisteminin vücuttaki sağlıklı hücrelere yanlışlıkla saldırması anlamına gelen otoimmün bir hastalık olan sedef hastalığı, ciltte pul oluşumuna neden olan bir sorundur.

- A) Psoriasis, an autoimmune disease, meaning that the immune system attacks healthy cells in the body by mistake, is a condition that causes development of scales on the skin.
- B) Psoriasis, where the immune system attacks healthy cells in the body by mistake, is an autoimmune disease, meaning that it is a condition that causes development of scales on the skin.
- C) A condition that causes development of scales on the skin, Psoriasis is an autoimmune disease, meaning that the immune system attacks healthy cells in the body by mistake.
- D) Psoriasis causes development of scales on the skin and is an autoimmune disease, meaning that the immune system attacks healthy cells in the body by mistake.
- E) Development of scales on the skin may indicate psoriasis, an autoimmune disease, meaning that the immune system attacks healthy cells in the body by mistake.

53. Bir hasta isteği dışında psikiyatri yatılı hasta ünitesine kabul edildiğinde, çoğu vakada, bu kişi başkaları için bir risk oluşturduğundan değil, kişinin kendine zarar verme riski altında olmasındandır.

- A) In most cases where a patient is involuntarily admitted to a psychiatric inpatient unit, it is not because the person is a risk to others, it is because the person is at risk of harming himself.
- B) When a patient is involuntarily admitted to a psychiatric inpatient unit, in most cases it does not mean the person is a risk to others, it means the person is at risk of harming himself.
- C) When a patient is involuntarily admitted to a psychiatric inpatient unit, in most cases it is not because the person is a risk to others, it is because the person is at risk of harming himself.
- D) Admitting a patient against his will to a psychiatric inpatient unit, in most cases, is not because the person is a risk to others, it is because the person is at risk of harming himself.
- E) When they are involuntarily admitted to a psychiatric inpatient unit, patients, in most cases may not be a risk to others, but to themselves.

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54 – 59. sorularda paragrafta verilen boşluğa anlam bütünlüğünü sağlamak için getirilebilecek cümleyi bulunuz.

54. For years, public health officials have urged people to cut back on eating red meat and processed meats due to cardiovascular health, cancer risk, and other health concerns. ----. The new guidelines say that there is no need to cut back on red and processed meats. This advice comes from researchers who studied the links between red and processed meats and the risks of heart disease, diabetes, and cancer. They say that the quality of the evidence connecting red meat to disease was very low.

- A) Cardiovascular health and cancer risk in the elderly are among the most studied issues these days
- B) Some still say that adults should continue to eat their current levels of red and processed meat
- C) But now, a new report from a panel of researchers is saying otherwise and it is causing confusion
- D) This is because cooked red meat and processed meats are sources of cancer-causing substances
- E) Therefore, they recommend that those aged 18 and over who eat red meat can continue to do so

55. Obesity prevalence is at the highest it has ever been. The Centers for Disease Control and Prevention states that more than one-third of American adults are affected. ----. But how safe are the procedures, and do the benefits outweigh the risks? There is no doubt obesity is a major cause of a number of serious life-threatening diseases. The condition can lead to type 2 diabetes, heart disease, stroke, and it has been linked to some cancers, including breast cancer and colon cancer. Based on this fact, it is easy to understand why so many individuals look to weight loss interventions to combat their obesity.

- A) With the increase in obesity comes an increase in the number of weight loss surgery operations
- B) For example, if a person's body mass index (BMI) is over 40, they are deemed severely obese
- C) Sometimes it takes months for a patient to resume their normal daily activities following a surgery
- D) Also, studies have shown that weight loss surgery is associated with fewer cardiovascular events
- E) Another thing is that such procedures themselves present an array of possible complications

56. ----. Your doctor will take into consideration your age, health, and medical history, as well as the type of fracture, its severity, and any resulting brain injuries. Most skull fractures are not too painful, and the skull will heal itself in a majority of these instances. In some cases, such as in basal skull fractures, medication to manage pain may be all that is needed. Although narcotics may sometimes be necessary, most people with a skull fracture only need over-the-counter medications such as acetaminophen (Tylenol) for a short course.

- A) Most skull fractures heal on their own and do not need surgery if there are not associated injuries
- B) X-rays, CTs, and MRIs are typical methods that can help your doctor diagnose skull fractures
- C) Doctors can use various imaging tests to get a clearer picture of the kind of fracture you have
- D) Depressed skull fractures could result in cosmetic issues as well as injury to the brain
- E) Skull fractures are not like other bone fractures and their treatment will depend on several factors

57. Foot pain can be debilitating. Undoubtedly, it is important to take good care of them. Foot pain can also lead to issues with walking and exercising, which are an important part of health and wellbeing as we age. Additionally, if we have trouble with mobility, this can impact on getting out and about and involvement in social activities, which become ever more important as we get older. As long as we take routine care of our feet, serious problems can usually be avoided. However, ageing can also mean that we develop other conditions like diabetes and arthritis. ----.

- A) Many people wear slippers if their feet are hurting but this can make things worse
- B) If you experience any issues that do not resolve themselves naturally, seek professional help
- C) Many shoes have shock-absorbing soles to give you comfort while walking
- D) These in some cases can affect the foot and require treatment
- E) Pain and uncomfortable feet are not a natural part of growing old or something to 'put up with'

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60 – 65. sorularda verilen cümleler sırasıyla okunduğunda anlam bütünlüğünü bozan cümleyi bulunuz.

60. (I) Smoking is one of the biggest causes of death and illness in the UK. (II) Every year, around 78,000 people in the UK die from smoking, with many more living with debilitating smoking-related illnesses. (III) Smoking increases your risk of developing more than 50 serious health conditions. (IV) Some may be fatal, and others can cause irreversible long-term damage to your health. (V) For example, if you have never smoked but you have a spouse who smokes, your risk of developing lung cancer increases by about a quarter.

A) I B) II C) III D) IV E) V

61. (I) The golden age of Indian medicine was marked especially by the production of the medical works known as the *Charaka-samhita* and *Sushruta-samhita*. (II) Estimates place the *Charaka-samhita* in its present form as dating from the 1st century CE, although there were earlier versions. (III) The *Sushruta-samhita*, on the other hand, probably originated in the last centuries BCE and had become fixed in its present form by the 7th century CE. (IV) The Hindus believed that the body contains three elementary substances, microcosmic representatives of the three divine universal forces. (V) All later writings on Indian medicine were based on these works.

A) I B) II C) III D) IV E) V

62. (I) Basic First Aid knowledge is comprised of relatively simple techniques and procedures that can be performed with limited equipment. (II) First Aid knowledge is invaluable for both you as the individual and for your community. (III) It enables you to assist persons who become injured in the event of an accident or emergency until help arrives. (IV) First Aid skills can or need to be applied in the home, the workplace or in public locations. (V) Therefore, the more First Aid certified people there are in a community the safer, that community becomes.

A) I B) II C) III D) IV E) V

63. (I) There are certain relationships that, by their very nature, require one or both party's consent before information can be disclosed to a third-party. (II) This helps the doctor to make a correct diagnosis, and ultimately to provide the patient with the best possible medical care. (III) Perhaps the most common of these relationships include that of: doctor to patient, therapist to patient, and attorney to client. (IV) Because these types of relationships often involve very personal and sensitive information (such as medical conditions or personal finances), confidentiality serves to facilitate open and forthright communication between both parties. (V) And this will, no doubt, serve the best interests of all parties involved.

A) I B) II C) III D) IV E) V

64. (I) In the continent of Africa, traditional (or ancestral) African medicine seems to be much more prevalent compared to conventional, Western medicine. (II) Unlike its Western counter-part, traditional African medicine is said to take a holistic approach. (III) In West Africa, for instance, it has been estimated that between 70-80% of the population rely on traditional medicine. (IV) Such figures, however, are not unique to that part of Africa alone, but may even be applied to the whole continent. (V) In the countries of the WHO - African Region, it has been claimed that "60-80% of people rely on African traditional medicine for their primary health care.

A) I B) II C) III D) IV E) V

65. (I) Many people aren't sure what to expect when they make an appointment with an eye doctor, especially if they have never had a comprehensive eye exam before. (II) Eye doctors use a wide variety of tests and procedures to examine your eyes. (III) While there are many ways for your eye doctor to check how your eyes work together, the cover test is the simplest and most common. (IV) These tests range from simple ones, like having you read an eye chart, to complex tests, such as using a high-powered lens to visualize the tiny structures inside of your eyes. (V) A comprehensive eye exam can take an hour or more, depending on the doctor and the number and complexity of tests required to fully evaluate your vision and the health of your eyes.

A) I B) II C) III D) IV E) V



66 – 68. soruları aşağıdaki parçaya göre cevaplayınız.

Research has linked honey to an improvement in gut microbial balance, coughing and other respiratory conditions. Because of honey's trace nutrients, it has been thought to have antibacterial, antioxidant and anti-inflammatory properties, along with healing potential for ailments such as sore throats, digestive disorders and burns, says Jenny Friedman, a Philadelphia-based dietitian. But it's important to consider the full nutritional picture. To get many of these benefits, "we'd have to eat a lot of honey," says Friedman. And unfortunately, consuming a lot of honey means consuming a lot of calories." Remember: Honey is sugar — something that Americans consume in excess. The American Heart Association recommends limiting sugar intake to about six teaspoons per day for women and about nine teaspoons per day for men, but the average American adult consumes about two to three times more than this. "Consuming sugar in excess amounts has been proved to cause increased weight gain as well as increased risk of chronic diseases like heart disease and diabetes," says Meredith Price, a dietitian at Priceless Nutrition & Wellness in New York.

66. We can understand from the passage that ----.

- A) eating honey leads to improvement in gut microbial balance rather than coughing
- B) getting any benefit from eating honey may not be possible when it is consumed in small amounts
- C) scientists still speculate over whether honey has healing potential against inflammation
- D) risk of chronic diseases increases when we consume honey with other sweeteners
- E) Jenny Friedman is a leading researcher on the benefits and harms of eating honey

67. According to the text, ----.

- A) digestive disorders are by far the worst results of honey consumption
- B) findings as to honey's trace nutrients are far from being conclusive
- C) increased weight gain is the natural outcome of eating honey every day
- D) eating a lot of honey brings certain benefits while posing some risks
- E) American men and women often disregard the fact that honey is sugar

68. It can be inferred from the text that ----.

- A) American adults eat honey two to three times a week, which is almost equal to nine teaspoons
- B) there is a lot of sugar in honey and thus the more honey we eat, the more sugar we take in
- C) people look to consuming more honey to be able to fight several chronic diseases like heart disease
- D) trace nutrients in honey have recently been associated with such ailments as sore throats
- E) Jenny Friedman's views about honey consumption are at odds with those of Meredith Price



69 – 71. soruları aşağıdaki parçaya göre cevaplayınız.

Medication-overuse headache is known to be caused by frequent use of abortive medications and is also well known to cause chronic daily headache. Treatment requires pharmacological and non-pharmacological therapies to effectively break the headache cycle. Hospitalization may be required in some cases depending on the medication and dosage that the patient was using. It is important to keep in mind that intake of medications for acute treatment should be limited to less than two times per week. Some methods that can prevent the onset of medication overuse headache include following instructions on how to take medications: avoid use of opioid medications and *butalbital* combination medication, limit use of simple analgesics to less than 15 days per month, and limit *triptans* and *ergotamines* to less than 10 days per month. Patients are also advised to remember to contact their physicians and let them know if they need to take medications for acute treatment frequently. Doing so is crucial because otherwise appropriate management cannot be done and the onset of medication overuse headaches cannot be avoided.

69. It is clear from the text that ----.

- A) chronic daily headache mostly leads people to choose abortive medications for treatment
- B) to prevent the overuse of medications, doctors should be firm in their instructions to their patients
- C) making use of pharmacological therapy alone is not enough to treat medication-overuse headache
- D) *triptans* and *ergotamines* work best when taken once a day for 10 days successively per month
- E) regular use of opioid medications is one of the ways to treat medication overuse headache

70. According to the text ----.

- A) treatment of the medication overuse headache is harder compared to other health problems
- B) patients must keep in touch with their doctors and inform them about their medication needs
- C) if a patient fails to disobey the instructions of his physician, he must be hospitalized immediately
- D) avoiding medication overuse headaches may not be as easy as some physicians assume
- E) the use of simple analgesics must be limited when the patient is on *triptans* and *ergotamines*

71. The text is mainly about ----.

- A) how timely hospitalization can help us avoid suffering from chronic daily headache
- B) the causes of overusing certain medications and why it causes headaches
- C) pharmacological and non-pharmacological ways to cure some chronic diseases
- D) the fact that medication-overuse headache causes frequent use of abortive medications
- E) the causes and the treatment methods of medication-overuse headache

**72 – 74. soruları aşağıdaki parçaya göre cevaplayınız.**

Is it the mind or the gun that kills? Here are some facts. Even among the 1% of the U.S. population with a diagnosis of schizophrenia, it is rare to find people who are a risk of harm to others or at risk of acting violently. Despite the widespread belief that a person with serious mental illness like bipolar disorder or schizophrenia can be dangerous, only 3% to 4% of all the violent acts committed in a given year in the U.S. are committed by people who have been diagnosed with commonly cited mental illness of schizophrenia, bipolar disorder or depression. In addition, these conditions are rather strongly associated with increased risk of suicide, not homicide. Furthermore, risk of violence among severely mentally ill declines in the absence of substance use. In other words, prevention and treatment of substance use can decrease the risk of violence in this population. Another fact to consider is that the prevalence of severe mental illnesses is relatively similar across different countries, including those with much lower rates of mass murder than the U.S. Finally, one has to keep in mind that the presence of a psychiatric diagnosis in a murderer, does not necessarily justify causality, as much as the weapon the person carries. In other words, because mental illness is so prevalent, a percentage of crimes are, statistically, going to be committed by people with a mental illness.

**72. It is clear in the text that ----.**

- A) schizophrenia, bipolar disorder or depression are known to cause most crimes in the U.S.
- B) crime cannot be attributed to mental illnesses directly
- C) those with a mental illness are often also under the influence of a substance
- D) statistics do not provide a clear picture of the crime rates in the U.S.
- E) people who are mentally ill pose a great threat to the society

**73. According to the text, ----.**

- A) psychiatric diagnosis in a murderer shouldn't be enough to justify the crime
- B) criminals with bipolar disorder or schizophrenia are the most dangerous
- C) substance abuse seems to aggravate crime rates in the U.S.
- D) the mentally-ill are more likely to harm others than themselves
- E) there is a correlation between substance use and crimes committed by the mentally-ill

**74. The text is mainly about ----.**

- A) several mental illnesses and the crimes committed by sufferers
- B) the truth regarding whether the mentally-ill are more likely to commit crimes
- C) what should be done to prevent people with a mental illness from committing crimes
- D) the reasons why some mental disorders cause criminal behaviour while others don't
- E) the statistical information derived from research into crime and substance use

**75 – 77. soruları aşağıdaki parçaya göre cevaplayınız.**

A simple cold virus could wipe out tumours in a form of bladder cancer, a new study suggests. Though the idea isn't new, this is the first time a cold virus effectively treated an early-stage form of bladder cancer. Researchers conducted an early-stage clinical trial in which they infected 15 bladder cancer patients with coxsackievirus A21, which is one of the viruses that cause the common cold. The researchers gave the patients the virus through catheters that the patients already had inserted for other treatments. They left the virus-filled catheter in for an hour and repeated this treatment. Then, the patients underwent surgery to remove what was left of their bladder tumours. In one patient, the virus destroyed the tumour entirely. In all of the other patients, the researchers found evidence that the virus had damaged the tumours and had spurred the immune system to send an army of immune cells to the tumours without any significant side effects. Researchers thought this method would work because the outer membranes of cancerous bladder cells contain a gateway for the coxsackievirus: a molecule called ICAM-1. Because healthy cells do not carry this molecule, the coxsackievirus does not attack them. Once the virus gets into the cell, it hijacks the cell's machinery and ends up killing it. Even more cancer cells die when the immune cells are recruited.

**75. According to the passage, ----.**

- A) researchers managed to destroy the cancerous tumour in all patients except one
- B) the method tried produced a desirable effect in all patients involved
- C) the treatment caused some serious side effects in some of the patients
- D) using a virus to eliminate a tumour is only a recent phenomenon
- E) immune system plays no role in helping the cold virus eliminate a tumour

**76. It is clear from the passage that coxsackievirus ----.**

- A) treats cancer by wiping out a molecule called ICAM-1
- B) will make surgery a thing of the past for those suffering from cancer
- C) is the most common type of viruses that cause common colds
- D) provides relief from most types of cancer including bladder cancer
- E) is able to penetrate cancerous cells without damaging the healthy cells

**77. The passage is mainly about ----.**

- A) how coxsackievirus works in the body to destroy tumours
- B) different results obtained from patients treated for bladder cancer
- C) a promising novel method that offers hope for bladder cancer patients
- D) how past shapes the future of research into cancer treatment
- E) the latest developments in cancer research and treatment options

**78 – 80. soruları aşağıdaki parçaya göre cevaplayınız.**

In 430 BCE, an outbreak of plague erupted in Athens. The disease would persist throughout Greece and the southern Mediterranean until finally dying out in 426 BCE. Despite his lack of medical training, the Greek historian Thucydides provided a detailed account of the outbreak to allow future generations to identify the disease should it break out again. The epidemic that killed nearly one third of the population was the most lethal illness in the history of Greece. For nearly 2500 years, researchers have attempted to identify exactly what disease swept Athens. Thucydides did not specify an exact illness but only a description of the various symptoms and outcomes of the course of the disease. He did note that doctors attempted numerous remedies, none of which worked. They were also some of the earliest casualties due to their contact with the sufferers thus suggesting that whatever the disease was it was contagious. In the last 60 years, the plague has been identified as one of a dozen infectious diseases. Typhus, typhoid, smallpox, bubonic plague and a combination of them were all offered as the culprit. However, what caused this outbreak still remains a mystery.

**78. According to the text, ----.**

- A) the plague continued to take lives for over two millennia
- B) the enigmatic disease killed almost 30 per cent of the population
- C) several explanations have been put forward that satisfactorily account for the death toll
- D) the outbreak still persists in several regions of the world.
- E) Thucydides successfully allowed the future scientists to detect the disease

**79. It is clear from the text that ----.**

- A) doctors of the time treated the mysterious disease with great success
- B) medical training in Ancient Greece was far behind that found in other countries
- C) Thucydides was qualified enough to explain an outbreak
- D) physical contact played no role in the transfer of the disease
- E) Thucydides offered several reasons explaining why the outbreak occurred in Greece

**80. The text is mainly about ----.**

- A) the importance of education in medicine as a profession
- B) an outbreak that caused much devastation in Greece for over a decade
- C) the roots of several diseases such as Typhus, typhoid, smallpox, bubonic plague
- D) a mysterious disease that has not been cracked for almost 2500 years
- E) how sometimes medical developments are inspired by events in history